

# QUICK GUIDE ON HOW TO USE THE PRE-FILLED metex<sup>®</sup> PEN

#### POSSIBLE AREAS OF THE BODY FOR SELF-INJECTION

To avoid any skin irritation, a different injection site should be chosen each time for the weekly injections. Only use the pre-filled pen on skin that has been cleaned.

#### The following sites are best for injections:

- ▶ the thigh
- the stomach except for the area around the navel

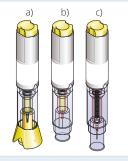


Pull the yellow protective cap straight up and off immediately before the injection.

# 4 Inject



Press the injection button, while keeping the pre-filled pen pressed on the skin fold. The injection starts with a clicking sound. Wait for 5 seconds, until the fluid has been completely injected.



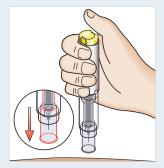
a) Before injection, with protective capb) After removal of the protective cap, before injectionc) After injection

#### 2 Make a skin fold

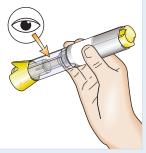


Make a skin fold between two fingers. Hold the skin fold until you have completed the injection.

## 5 Removal/disposal



Remove the pre-filled pen carefully in a straight line. Press a swab onto the site of injection. The needle is automatically protected. Once the injection has been administered, you can dispose of the pre-filled pen via the household waste.



1 x per week

Please check the pre-filled pen through the inspection window to ensure it is intact before using it.

### **3** Position



Place the pre-filled pen in a vertical position onto the skin fold. Firmly press the pre-filled pen onto the skin fold until you have pushed the needle protection shield (transparent tube) back. This unlocks the injection button.

